



V-G VIPERS SWIM CLUB
CMR 415 BIN 118
APO AE 09114
www.vgvipers.org

Dear Parents,

Welcome!

We are excited to start this 2011/12 swim season. We have an entirely new board with new ideas and many new families. My hope is for a positive, very enjoyable and rewarding experience for all.

Our theme for the season will be *"When you do your best you succeed at the rest"*. By applying your best attitude and hard work will propel you through the demanding times it requires to be the best. Always give 100% focus and energy during practices and 110% meets. Being part of an organized sport is a great opportunity to teach our children valuable skills physically and socially. In addition to becoming stronger better swimmers and athletes, they can become stronger more confident individuals.

Below I will highlight key policies for joining the team. Please read these over and let us know if you have any questions.

Registration fees for the 2011/12 season will be as follows per household: first swimmer \$150; second swimmer \$125; every swimmer starting with the third and after \$100 each.

Pool fees are the responsibility of the swimmer.

Registration Packet: No child will be able to participate in the Competitive Season (including practices) beginning 1 Aug without a completed Registration Packet, updated sports physical (one that remain current through Feb), and Registration fee paid.

Communication: most correspondence will be done by email. It is important that we have a current, working email address for each swimmer. If you do not have an email address, it is YOUR responsibility to call us for information.

Volunteers: It is impossible to run a team without the support and effort of all participating families. By signing your child up for the swim team, you are agreeing to donate your time at meets and fundraisers too. We do charge a non-participation fee of \$20 per event. (By Laws Article III 7-d)

We ask that all families fill out a Volunteer Application on OneSource, so we may track volunteer hours through the USAG Grafenwohr.

Practices: Swimmers are required to participate in a minimum two (2) practices per week to maintain meet eligibility except in cases of illness or emergencies. If the swimmer does not meet the two practice minimum they will not be allowed to swim in that week's meet. The Head Coach and/or the Executive Council are the only approving authoring to an exception to this rule.



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Splash fees: The Swim Team will cover the two (2) individual and relay splash fees. All other splash fees will be paid for by the swimmer.

Championships: Qualification times are set by the EFSL for each event by age. Swimmers have a chance to meet these set times in each of the regular scheduled meets. To qualify, you must have participated in at least four (4) meets and have a qualifying time in that event. Once you have qualified, you have the opportunity to swim in the Championship meet should you choose.

The Head Coach and President attend a "Seeding Meeting" schedule two weeks before Champs. Depending on the number who qualified by time, additional swimmers may be seeded. All decisions for seeded swimmers in individual and relay events will be based on times and decision of the Head Coach. Swimmers will be notified and details about the whole weekend event will be given prior to Champs.

Swimmers who do not qualify by time or through the seeding process are invited to attend Champs to cheer on the team and will be allowed to suit up and practice with the team.

- Registration Form
- Additional Swimmer Information
- Medical POA
- Sports physical
- Code of Conduct
- By Laws
- Constitution
- Volunteer Application
- Meet Schedule

We are excited for you and your swimmer(s) to be part the Vipers this season!

VG Vipers Board Members
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